

**MSHSL 2024 SECTION 8A XC CHAMPIONSHIP**

Bagley, MN  
Twin Pines Golf Course  
Friday, October 25, 2024

**MEET OFFICIALS**

Timing:  
Hero's Timing



**OFFICIAL MEET REPORT**  
printed: 10/25/2024 5:19 PM

**Race #1**  
**Girls 5K**

**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Spread
1 UNITED NORTH CENTRA	41	1-2-3-17-18(27)(41)	1:41:37	1:56.5
2 HAWLEY XCTM	53	4-5-8-16-20(37)(42)	1:43:35	1:23.9
3 RIVERSIDE CHRISTIAN	97	7-10-21-23-36(56)(66)	1:46:20	1:32.3
4 BARNESVILLE	175	14-25-29-33-74(79)	1:51:28	3:53.8
5 PARK RAPIDS AREA	194	13-15-34-57-75(86)(97)	1:52:32	4:08.3
6 NEVIS	205	12-24-51-53-65(78)(87)	1:52:31	3:16.1
7 FERTILE-BELTRAMI	214	9-22-43-68-72(80)(100)	1:53:39	3:59.6
8 WARROAD	225	6-31-52-60-76(77)(81)	1:54:02	4:34.9
9 CLEARBROOK-GONVICK	240	19-32-40-67-82(84)(96)	1:55:32	4:16.5
10 DILWORTH-GLYNDON-FE	248	28-39-58-59-64(93)	1:54:44	2:09.9
11 LAKE PARK-AUDUBON	276	26-45-48-63-94	1:58:35	6:06.9
12 FRAZEE	283	46-47-50-69-71(83)	1:57:26	1:55.3
13 PELICAN RAPIDS	308	30-44-61-85-88(90)	2:00:05	4:36.6
14 WEST MARSHALL	319	11-49-62-98-99(101)	2:09:47	11:06.2
15 NORTHERN FREEZE	322	35-55-70-73-89	2:00:56	4:18.4
16 ROSEAU	370	38-54-91-92-95	2:07:52	5:46.9

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	1 Mile
1 ANJALIE AHO TM	SR	8126	UNITED NORTH C	1	19:24.1	---	6:14.3	3:52.8	6:09.7
2 ANAYA AHO TM	SO	8125	UNITED NORTH C	2	19:47.6	23.5	6:21.9	3:57.5	6:24.0
3 MACIE JOSEPHSON TM	JR	8129	UNITED NORTH C	3	19:53.6	29.5	6:23.8	3:58.7	6:14.0
4 LILY OLSON TM	SR	8002	HAWLEY XC	4	19:58.9	34.8	6:25.5	3:59.8	6:16.4
5 JADA GOESON IQ	SR	8049	NYM HOME SCHO	-	20:17.2	53.1	6:31.4	4:03.4	6:24.4
6 KINZEY ELLINGSON TM	8	7997	HAWLEY XC	5	20:21.6	57.5	6:32.8	4:04.3	6:15.7
7 LINNEA HARREN IQ	JR	8149	WARROAD	6	20:33.4	1:09.3	6:36.6	4:06.7	6:31.9
8 JAYLA ABRAHAMSON IQ	FR	8090	RIVERSIDE CHRIS	7	20:35.6	1:11.5	6:37.3	4:07.1	6:32.1
9 JOVIE MARSHALL TM	8	8001	HAWLEY XC	8	20:40.7	1:16.6	6:38.9	4:08.1	6:24.1
10 KATRINA HITCHEN IQ	JR	7971	FERTILE-BELTRA	9	20:40.8	1:16.7	6:39.0	4:08.2	6:32.4
11 EMELIA ARNTSON IQ	7	8092	RIVERSIDE CHRIS	10	20:42.7	1:18.6	6:39.6	4:08.5	6:32.2
12 ANNIE PETERSON IQ	JR	8163	WEST MARSHALL	11	20:44.9	1:20.8	6:40.3	4:09.0	6:32.8
13 ADELIN BJORKLUND	JR	8029	NEVIS	12	20:49.9	1:25.8	6:41.9	4:10.0	6:31.8
14 BRIANNE MYERS	8	7910	ADA-BORUP-WES	-	20:52.4	1:28.3	6:42.7	4:10.5	6:35.6
15 GRETA GALZKI	8	8061	PARK RAPIDS AR	13	21:00.0	1:35.9	6:45.1	4:12.0	6:46.2
16 CASSIDY ROTZ	7	7938	BARNESVILLE	14	21:06.0	1:41.9	6:47.1	4:13.2	6:32.7
17 MADELINE BRANDT	SO	8057	PARK RAPIDS AR	15	21:06.5	1:42.4	6:47.2	4:13.3	6:41.2
18 MADI HOFF TM	8	8000	HAWLEY XC	16	21:10.7	1:46.6	6:48.6	4:14.1	6:29.6
19 EVA LEHTO TM	7	8131	UNITED NORTH C	17	21:10.8	1:46.7	6:48.6	4:14.2	6:55.4
20 ELSA KOMPPA TM	JR	8130	UNITED NORTH C	18	21:20.6	1:56.5	6:51.8	4:16.1	6:33.3
21 AVA LARSON	JR	7948	CLEARBROOK-GO	19	21:22.4	1:58.3	6:52.3	4:16.5	6:39.1
22 DEZI ALDINGER TM	SO	7994	HAWLEY XC	20	21:22.8	1:58.7	6:52.5	4:16.6	6:39.9
23 ELLA ARNTSON	SO	8091	RIVERSIDE CHRIS	21	21:24.3	2:00.2	6:53.0	4:16.9	6:30.2

**MSHSL 2024 SECTION 8A XC CHAMPIONSHIP**

Bagley, MN  
Twin Pines Golf Course  
Friday, October 25, 2024

**MEET OFFICIALS**

Timing:  
Hero's Timing



**OFFICIAL MEET REPORT**  
printed: 10/25/2024 5:19 PM

**Race #1**  
**Girls 5K**

**Final Results**

**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	1 Mile
24 KAYLEE NELSON	7	7973	FERTILE-BELTRA	22	21:25.5	2:01.4	6:53.3	4:17.1	6:42.8
25 NORAH HANSON	FR	8094	RIVERSIDE CHRIS	23	21:28.8	2:04.7	6:54.4	4:17.8	6:41.2
26 MCKENNA STACEY	FR	8036	NEVIS	24	21:30.7	2:06.6	6:55.0	4:18.1	6:44.9
27 CARLY ORVIK	7	7935	BARNESVILLE	25	21:37.3	2:13.2	6:57.1	4:19.5	6:44.4
28 ELLEN SCHAUER	JR	8018	LAKE PARK-AUDU	26	21:38.0	2:13.9	6:57.4	4:19.6	6:51.4
29 MILEY WESTBERG TM	JR	8133	UNITED NORTH C	(27)	21:42.1	2:18.0	6:58.7	4:20.4	6:49.3
30 ARWA BAGHZALI	FR	7954	DILWORTH-GLYN	28	21:43.3	2:19.2	6:59.1	4:20.7	6:28.7
31 MATISON PENDER	7	7936	BARNESVILLE	29	21:44.0	2:19.9	6:59.3	4:20.8	6:44.1
32 MEGAN GULER	SO	8073	PELICAN RAPIDS	30	21:46.5	2:22.4	7:00.1	4:21.3	6:47.2
33 ADLEY GOULET	FR	8145	WARROAD	31	21:48.6	2:24.5	7:00.8	4:21.7	6:54.3
34 ISABELLE KROG	7	7947	CLEARBROOK-GO	32	21:48.7	2:24.6	7:00.8	4:21.7	6:39.1
35 ISABELLA ORR	FR	7934	BARNESVILLE	33	22:00.4	2:36.3	7:04.6	4:24.1	6:46.7
36 GRACE ETTER	JR	8060	PARK RAPIDS AR	34	22:03.5	2:39.4	7:05.6	4:24.7	6:53.9
37 REAGAN MIMNAUGH	SR	8047	NORTHERN FREE	35	22:05.8	2:41.7	7:06.3	4:25.2	6:52.4
38 MEGAN WEISS	FR	8096	RIVERSIDE CHRIS	36	22:07.9	2:43.8	7:07.0	4:25.6	6:55.4
39 EAGAN HASTINGS TM	JR	7999	HAWLEY XC	(37)	22:09.9	2:45.8	7:07.6	4:26.0	6:39.7
40 MEGAN DELANEY	SO	8106	ROSEAU	38	22:15.5	2:51.4	7:09.4	4:27.1	6:40.9
41 BROOKLYN GRUBB	FR	7957	DILWORTH-GLYN	39	22:16.7	2:52.6	7:09.8	4:27.3	6:43.9
42 AMELIA MACHLITT	JR	7949	CLEARBROOK-GO	40	22:17.7	2:53.6	7:10.1	4:27.5	6:42.7
43 JOANNA LEHTO TM	JR	8132	UNITED NORTH C	(41)	22:22.1	2:58.0	7:11.5	4:28.4	7:06.3
44 RORY GUDERJAHN TM	8	7998	HAWLEY XC	(42)	22:23.6	2:59.5	7:12.0	4:28.7	6:48.8
45 SOFIE GRUNHOVD	JR	7969	FERTILE-BELTRA	43	22:24.7	3:00.6	7:12.4	4:28.9	6:50.6
46 AFTYN HAHN	SR	8074	PELICAN RAPIDS	44	22:34.3	3:10.2	7:15.5	4:30.9	7:11.6
47 GWYNETH MILLETO	8	8016	LAKE PARK-AUDU	45	22:37.5	3:13.4	7:16.5	4:31.5	7:12.4
48 RILYNN RUIZ	7	7984	FRAZEE	46	22:39.9	3:15.8	7:17.3	4:32.0	6:48.5
49 BROOKLYN RIEWER	8	7983	FRAZEE	47	22:41.5	3:17.4	7:17.8	4:32.3	7:01.4
50 MOLLY MILLETO	FR	8017	LAKE PARK-AUDU	48	22:52.3	3:28.2	7:21.3	4:34.5	7:10.6
51 JORIE MISKA	JR	8161	WEST MARSHALL	49	22:58.0	3:33.9	7:23.1	4:35.6	7:25.1
52 LOLA HOEHNE	JR	7979	FRAZEE	50	22:58.1	3:34.0	7:23.1	4:35.6	6:55.2
53 GRACE MCNAMEE	SR	8031	NEVIS	51	22:59.6	3:35.5	7:23.6	4:35.9	7:29.1
54 CAROLINE MARVIN	SR	8151	WARROAD	52	23:03.0	3:38.9	7:24.7	4:36.6	7:23.0
55 MIRANDA KOWALKE	SO	8030	NEVIS	53	23:04.8	3:40.7	7:25.3	4:37.0	7:30.2
56 ASHLYNN OMDAHL	JR	8110	ROSEAU	54	23:05.6	3:41.5	7:25.5	4:37.1	7:03.0
57 LEXI BRING	FR	8046	NORTHERN FREE	55	23:05.9	3:41.8	7:25.6	4:37.2	7:14.4
58 LEAH SUNDBY	SO	8095	RIVERSIDE CHRIS	(56)	23:06.7	3:42.6	7:25.9	4:37.3	7:19.8
59 EMBRY DESHAYES	SO	8059	PARK RAPIDS AR	57	23:13.3	3:49.2	7:28.0	4:38.7	7:19.8
60 JULIA MILLER	SR	7909	ADA-BORUP-WES	-	23:22.7	3:58.6	7:31.0	4:40.5	7:15.1
61 MIA VARRIANO	FR	7959	DILWORTH-GLYN	58	23:24.3	4:00.2	7:31.5	4:40.9	7:10.3
62 AUNIKA REYNOLDS	SR	7958	DILWORTH-GLYN	59	23:25.9	4:01.8	7:32.1	4:41.2	6:52.4
63 JENNA GOULET	JR	8146	WARROAD	60	23:28.2	4:04.1	7:32.8	4:41.6	7:23.0
64 DYLAN HOADLEY	JR	8076	PELICAN RAPIDS	61	23:29.2	4:05.1	7:33.1	4:41.8	7:26.3
65 BRENN A BENSON	SO	8158	WEST MARSHALL	62	23:36.3	4:12.2	7:35.4	4:43.3	7:30.2
66 ALEX MATTSO	8	8015	LAKE PARK-AUDU	63	23:42.1	4:18.0	7:37.3	4:44.4	7:25.3
67 AUBREE DEUTSCH	7	7956	DILWORTH-GLYN	64	23:53.2	4:29.1	7:40.8	4:46.6	7:12.7
68 KRISTEN SANDMEYER	FR	8035	NEVIS	65	24:06.0	4:41.9	7:45.0	4:49.2	7:29.9
69 ALYSSA FULCHER	SO	8093	RIVERSIDE CHRIS	(66)	24:15.4	4:51.3	7:48.0	4:51.1	7:30.1

**MSHSL 2024 SECTION 8A XC CHAMPIONSHIP**

Bagley, MN  
Twin Pines Golf Course  
Friday, October 25, 2024

**MEET OFFICIALS**

Timing:  
Hero's Timing



**OFFICIAL MEET REPORT**  
printed: 10/25/2024 5:19 PM

**Race #1**  
**Girls 5K**

**Final Results**

**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	1 Mile
70 SARAH IMLE	JR	7946	CLEARBROOK-GO	67	24:23.7	4:59.6	7:50.6	4:52.7	7:21.1
71 KENNA JENSRUD	JR	7972	FERTILE-BELTRA	68	24:27.3	5:03.2	7:51.8	4:53.5	7:21.8
72 MADILYN (MADI) PERRINE	FR	7982	FRAZEE	69	24:30.9	5:06.8	7:53.0	4:54.2	7:27.4
73 BROOKE BJORGAARD	SO	8044	NORTHERN FREE	70	24:34.5	5:10.4	7:54.1	4:54.9	7:30.7
74 BRISTOL LARSEN	SO	7980	FRAZEE	71	24:35.2	5:11.1	7:54.3	4:55.0	7:33.9
75 HADLEE ERICKSON	8	7968	FERTILE-BELTRA	72	24:40.4	5:16.3	7:56.0	4:56.1	7:30.1
76 KYLEE BOLSTAD	JR	8045	NORTHERN FREE	73	24:45.6	5:21.5	7:57.7	4:57.1	7:31.2
77 ELLORY PIERCE	7	7937	BARNESVILLE	74	24:59.8	5:35.7	8:02.3	5:00.0	7:39.6
78 AUDREY WELLER	JR	8041	NEW YORK MILLS	-	25:07.0	5:42.9	8:04.6	5:01.4	7:45.0
79 ALESSIA HARMON	JR	8062	PARK RAPIDS AR	75	25:08.3	5:44.2	8:05.0	5:01.7	7:40.7
80 MADELYNN ARNESEN	SO	8143	WARROAD	76	25:08.3	5:44.2	8:05.0	5:01.7	7:52.1
81 JOJO GOULET	SR	8147	WARROAD	(77)	25:08.7	5:44.6	8:05.1	5:01.7	7:51.6
82 TAYLOR MONROE	SO	8032	NEVIS	(78)	25:12.5	5:48.4	8:06.3	5:02.5	7:59.5
83 ELLA COSSETTE	SR	7932	BARNESVILLE	(79)	25:13.1	5:49.0	8:06.5	5:02.6	7:38.1
84 ADELIZA BITKER	FR	7908	ADA-BORUP-WES	-	25:20.6	5:56.5	8:08.9	5:04.1	7:35.0
85 ELLA BOLSTAD	SR	7967	FERTILE-BELTRA	(80)	25:21.3	5:57.2	8:09.2	5:04.3	7:38.4
86 EMMA CASPERSON	SR	8144	WARROAD	(81)	25:28.4	6:04.3	8:11.4	5:05.7	7:41.0
87 ALEXA ANDERSON	FR	7943	CLEARBROOK-GO	82	25:38.9	6:14.8	8:14.8	5:07.8	7:26.0
88 CALEIGH PAUSCH	JR	7981	FRAZEE	(83)	25:39.0	6:14.9	8:14.9	5:07.8	7:37.4
89 BELLA DAHL	FR	7944	CLEARBROOK-GO	(84)	25:40.2	6:16.1	8:15.2	5:08.0	7:52.3
90 HEIDI STEINBRENNER	SO	7921	BAGLEY/FOSSTO	-	25:43.0	6:18.9	8:16.1	5:08.6	8:16.0
91 ALEEYA STRINGER FERRI	FR	8078	PELICAN RAPIDS	85	25:51.8	6:27.7	8:19.0	5:10.4	7:52.1
92 BREANNA DEBLIECK	JR	8058	PARK RAPIDS AR	(86)	26:02.8	6:38.7	8:22.5	5:12.6	7:51.8
93 LEAH ROMOSZ	SO	8034	NEVIS	(87)	26:10.7	6:46.6	8:25.0	5:14.1	7:54.7
94 MADYSON LINES	JR	8009	LAKE OF THE WO	-	26:20.4	6:56.3	8:28.2	5:16.1	
95 MAGGY WELLER	FR	8042	NEW YORK MILLS	-	26:22.3	6:58.2	8:28.8	5:16.5	8:05.0
96 SARAH HAUGRUD	SR	8075	PELICAN RAPIDS	88	26:23.1	6:59.0	8:29.0	5:16.6	8:06.1
97 EMILY WATERWORTH	JR	8048	NORTHERN FREE	89	26:24.2	7:00.1	8:29.4	5:16.8	7:54.7
98 ELLA MARQUART	SO	8086	RED LAKE COUNT	-	26:37.7	7:13.6	8:33.7	5:19.5	7:44.5
99 MARIAH WEISHAIR	SR	8079	PELICAN RAPIDS	(90)	27:05.7	7:41.6	8:42.7	5:25.1	8:32.6
100 GRACE JAUQUET	SO	8107	ROSEAU	91	27:12.1	7:48.0	8:44.8	5:26.4	7:51.3
101 LILLIAN JAUQUET	SR	8108	ROSEAU	92	27:15.8	7:51.7	8:46.0	5:27.2	8:06.0
102 BROOKLYN BLICKENSTAF	FR	7955	DILWORTH-GLYN	(93)	27:24.3	8:00.2	8:48.7	5:28.9	8:09.9
103 LYDIA TORGERSON	SO	8019	LAKE PARK-AUDU	94	27:44.9	8:20.8	8:55.3	5:33.0	8:19.6
104 ALIVIA HELLER	SO	7920	BAGLEY/FOSSTO	-	27:56.1	8:32.0	8:58.9	5:35.2	7:29.2
105 PAIGE LARSEN	JR	8109	ROSEAU	95	28:02.4	8:38.3	9:01.0	5:36.5	8:04.0
106 AVERY HAUGAN	FR	7945	CLEARBROOK-GO	(96)	28:04.2	8:40.1	9:01.5	5:36.8	8:31.9
107 KAELYN LARSON	8	8063	PARK RAPIDS AR	(97)	28:56.6	9:32.5	9:18.4	5:47.3	9:01.9
108 ALIYAH BREKKE	7	8159	WEST MARSHALL	98	30:36.0	11:11.9	9:50.4	6:07.2	8:59.8
109 ERICA DAWES	FR	8117	TREKNORTH	-	31:24.9	12:00.8	10:06.1	6:17.0	9:07.1
110 MADDISON KINTZ	7	8160	WEST MARSHALL	99	31:51.1	12:27.0	10:14.5	6:22.2	9:37.9
111 JESSICA HALLGREN	JR	7970	FERTILE-BELTRA	(100)	31:55.8	12:31.7	10:16.0	6:23.2	9:29.9
112 EMMA PAGE	7	8162	WEST MARSHALL	(101)	31:58.4	12:34.3	10:16.8	6:23.7	9:38.2